

# 9 Energies™ – Exploration Series

## Ten Sundays - January through May

**9 Energies is a body-based system** that identifies 9 physiologically different kinds of people. Each person is born into one of nine body types, referred to as Natural Energy. There is a simple physical process used to determine a person's physiological Natural Energy. The Natural Energy shapes how the body develops, how the world is experienced and is responsible for a set of innate skills and gifts associated with each of the 9 Natural Energies. Each physiology has a specific facial structure, body shape, way of interacting with people, sensory experience, and a similar manner of caring.

Once the Natural Energy is identified, the next step is regular practice. Practice develops the conscious connection around posture, and the inner strength associated with the Natural Energy. Learning more about how to make specific postural adjustments ultimately provides expanded capacity for meeting every moment with readiness, presence and intuition.

When first identified, people can have a profound physical experience and not necessarily retain much of what was explained about their Natural Energy and how to use it. Returning some time later provides the opportunity to take in more information while repeating the physical experience of having effortless strength. Integration of physical and intellectual learning is a gradual and continual process. Over time connection with one's higher self becomes a choice. The more 9 Energies experiences, the more the path of learning accelerates. Exploration Sundays provide an opportunity to join a community focused on building the ability to practice and consciously activate the Natural Energies.

**Seminar Details:** 10-Sunday afternoons, January through May 2020 from 12:45 PM to 3 PM

**Session Dates:** January 12, 19, February 2, 16, March 15, 29, April 19, 26, May 17, 31

**Tuition:** \$30 per session or \$260 for the series, if paid by the first session.

**Location:** Wild Rose Holistic Health Center, 2 Electronics Ave., Suite 16, Danvers, MA

**Facilitator:** Paul Scoglio, MSW, LICSW, CPCC

**Register for the series please call:** 978-578-1525 or **email:** [pjscoglio@gmail.com](mailto:pjscoglio@gmail.com)

**Register for the first session on Jan 12: [Click Here!](#)**

**For more information about 9 Energies explore [www.9Energies.com](http://www.9Energies.com)**

**9 Energies Inc.** is a 501c3 organization based in Bozeman Montana.

**Paul Scoglio** a psychotherapist/coach, in Beverly MA. with a Masters degree in Clinical Social Work, and a licensed independent clinical social worker in Massachusetts, trained 13 years with and was certified by New Equations Inc. and is now partnered with 9 Energies Inc.

This workshop is for professionals or non-professionals seeking to: know more about their Natural Energy, learn about the other eight Natural Energies, and discover the diversity of experience in people in their lives. It's recommended and not necessary to already know your Natural Energy. Identification of one's Natural Energy easily can be arranged.

**Dress** comfortably with minimal makeup and completely sober please.