

9 Energies FAQ

Version: September 27, 2019

What is 9 Energies about?

9 Energies is a body of knowledge derived from the Enneagram, that describes and provides experiential evidence that there are: 9 physiologically different kinds of people. Each person is born into one of nine body types, referred to as Natural Energy. There is a simple physical process used to determine a person's physiology (Natural Energy). The Natural Energy shapes how the body develops, how the world is experienced and is responsible for a set of innate skills and gifts associated with each of the nine Natural Energies. Each physiology has a specific facial structure, body shape, way of interacting with people, sensory experience, and a similar manner of caring.

What is the process of identifying a persons Natural Energy type?

Identification of Natural Energy involves a physical process, where the person being identified stands in front of the identifier, meets the identifier hand-to-hand and receives a series of gentle pushes. From this process the identifier moves the person into a posture of effortless strength.

How is this different from the Enneagram?

The Enneagram is a personality profiling system, where people identify themselves based on talking and reading descriptions of the Enneagram types. The Enneagram is most concerned with the individual's persona, fixations, and performance in the world. 9 Energies is a body-based system where people's bodies innately possess the markers of their Natural Energy. 9 Energies describes and focuses on the individual's innate attributes, strength and relational gifts. A person's Enneagram type and Natural Energy can be different. The reason for the difference is that the Enneagram type is developed like personality in our youth, and is highly influenced by nurturing, while a person's Natural Energy is present when the person is born. Natural Energy is an aspect of a person's nature.

Describe the 9 Energies organization?

The organization was founded by Susan B. Fisher and her husband Martin Fisher of Bozeman MT as a non-profit business. They have partnered with Morten Nygård of Oslo Norway, the founder of the Ennead Method, and Paul (Paolo) Scoglio a psychotherapist, life and leadership coach in Beverly MA.

What is the 9 Energies mission?

The mission of 9 Energies is to bring the knowledge of Natural Energies into the world so that these innate differences will become cross-culturally understood, ubiquitously recognizable, and have a lasting positive impact on human relationships.

How do I find out my own Natural Energy or type?

Contact www.9Energies.com or www.Ennead.no to arrange or sign up for an identification session. Attend a workshop on October 19 or on October 20 in Danvers, MA

Where did this body of knowledge come from?

Susan B. Fisher, Morten Nygård and Paul Scoglio were trained for 10, 9 and 13 years prospectively by New Equations of San Anselmo, CA, and were certified as teachers. The founders of New Equations derived their understanding from the enneagram and an ongoing adaptive research process with those in training with them. They referred to a person's animating energy as soultype.

For more information and answers check these web pages:

<https://9energies.com/faqs/> <https://9energies.com/9-energies-natural-energy/>
and at <http://www.ennead.no> (This Norwegian website can be translated into English at

<https://translate.google.com>)