

COACHING AGREEMENT

Please indicate your agreement or disagreement by checking the appropriate box.

I _____ am committed to creating a coaching alliance with Paul J. Scoglio. I commit to creating a successful alliance that supports me in reaching my goals and living the life I want.

Yes No

I agree to coaching for a minimum of three months beginning _____.

Yes No

I agree to shape the coaching relationship to best meet my needs by:

- 1. Sharing what I know about my own motivation.
- 2. Co-designing structures that will support me, asking for changes if the coaching strategy is not working.

Yes No

I give the coach permission to:

- 1. Challenge me with powerful questions.
- 2. Make requests that I take action when I identify things that are important to me.
- 3. Hold me accountable for taking actions I commit to.
- 4. Provide inquiries for me to think about.

Yes No

Yes No

Yes No

Yes No

Yes No

I agree to the following business arrangements:

- 1. Fee of \$450.00/month for 2 one hour coaching sessions per month or 3 forty minute sessions/month
- 2. Paid prior to the 1st call/meeting of the month.
- 3. Fee includes occasional spot coaching & email contact.
- 4. Fee for the one-time 2-hour intake session of \$450.00.

Yes No

Yes No

Yes No

Yes No

I agree to the following items:

- 1. If I am late for an appointment, my session will be shortened.
- 2. I will re-schedule appointments 48 hours or more in advance, or forfeit the pre-paid appointment
- 3. I will give one month's notice & use the final call at the conclusion for completion.
- 4. I will not drive a vehicle or engage in another activity while participating in a coaching call.

Yes No

Yes No

Yes No

Yes No

Client Signature

Date

The coach agrees to hold all content of our sessions completely confidential.



Yes No

Paul J. Scoglio, MSW, CPCC

Date